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## *Sound Medicine* to podcast

Dispensing health information through *Sound Medicine* is now more convenient. Listeners can subscribe to the show online and listen to individual segments at their convenience offline. *Sound Medicine* is the first health-talk public radio show to be broadcast specifically for iPods and other handheld devices that play MP3 files.

The program is leading the way; most mainstream news organizations have yet to offer podcasting services. *Sound Medicine* joins only a handful of public radio shows to podcast, and it is the first health-focused public radio program to do so.

According to a recent report from the Pew Internet & American Life Project, more than 22 million American adults own iPods or MP3 players and 29 percent of them have downloaded podcasts from the Web so they can listen to audio files at a time of their choosing. Podcast subscribers also can save audio segments on their PCs and e-mail them to friends. The audio is provided in the universal MP3 format.

According to analysts at the financial education firm Motley Fool, podcasting will do for audio what TiVo® is doing for television: reinventing the field.

The podcast is based on technology called Real Simple Syndication, or RSS, which requires listeners to have an aggregator program installed on their computer. One such program is the free iPodder aggregator, found at [www.ipodder.org/directory/4/ipodderSoftware](http://www.ipodder.org/directory/4/ipodderSoftware). Users synchronize their iPod or MP3 player to their computer. And in the blink of an eye, they can slip *Sound Medicine* episodes into their purse or jacket pocket.

To subscribe to the *Sound Medicine* podcast, paste the following Web address into your aggregator: [soundmedicine.iu.edu/smFeed.php](http://soundmedicine.iu.edu/smFeed.php). Visitors to the home page ([www.soundmedicine.iu.edu](http://www.soundmedicine.iu.edu)) can click on the "subscribe" button and copy the same URL into their aggregator software.

*Sound Medicine* is the weekly radio program co-produced by Indiana University School of Medicine and WFYI Public Radio (90.1 FM) in Indianapolis.

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## Research, treatments advances topic of consumer psychiatry symposium

Mitchell Roob Jr., secretary of the Indiana Family and Social Services Administration, and State Rep. Robert Behning will address families, caregivers and individuals interested in "The State of Mental Health and Addiction" at an annual symposium May 13.

Hailed as the only one of its kind, the eighth annual Indiana Mental Health Symposium provides individuals in recovery and their families, as well as caregivers, advocates and service providers with updated information on how research is positively affecting treatment for individuals with mental illness and addictive disorders.

Presented by the IUSM Department of Psychiatry and the Mental Health Association in Indiana, Inc., the symposium will be from 7:45 a.m. to 5 p.m., Friday, May 13, at the Crowne Plaza Hotel, Union Station (Grand Hall & Conference Center), located at 123 W. Louisiana St.

Roob will be the keynote speaker at the luncheon. Behning, who also will address the group at the luncheon, will relate his personal experiences as a family member of a child confronting mental health legal and treatment issues.

Symposium presenters will include leading researchers from the IUSM. These medical professionals will discuss topics ranging from addictions to aging, and from bipolar disorder to infant mental health.

The Indiana Psychological Association will hold its annual spring conference at the same time and CE credit is available.

The costs are \$125 for full registration (includes breakfast and lunch, MHAI annual meeting and symposium), \$100 for symposium registration only (does not include lunch and MHAI meeting), or \$50 for MHAI Annual Meeting registration only (includes lunch, but does not include symposium).

Deadline for registration and refunds is **May 1**. For more registration and education credit information, call the Mental Health Association in Indiana, Inc. at 638-3501 or (800) 555-6424.

Sponsors for the symposium include Eli Lilly & Co., the IU School of Medicine Department of Psychiatry, The Institute of Psychiatric Research at IU, and Mental Health Association in Indiana.

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## IUSM statement on use of email for sending sensitive information

The IUSM Compliance Office and the Information Services and Technology Management offer advice for sensitive email communications.

Treatment for the patient is paramount. While HIPAA does not specifically require encryption, it is certainly one of the better safeguards to have in place and the university is well on its way to making this happen.

In the interim, what HIPAA would require is that other safeguards to protect patient privacy be implemented. These safeguards are based on standards such as minimum necessary and reasonableness. Examples include appropriate training and policies and procedures to address when email with protected health information is necessary and when it is done for mere convenience.

While the university recommends that protected health information not be included in emails at this time, we do recognize that there are circumstances where doing so would be in the best interest of patient care. Because every situation, location and need is different, there are no clear-cut guidelines. However, the IUSM Compliance Office is available to meet with department coordinators to work through issues and make individual determinations.

For additional information on the status of the School of Medicine and Indiana University's effort in establishing protections for sensitive information being sent via email, see IUSM Email Update at [http://technology.iusm.iu.edu/security/IUSM\\_Email\\_Update\\_4-05.doc](http://technology.iusm.iu.edu/security/IUSM_Email_Update_4-05.doc).

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### **Emergency Medicine hosts research day - April 29**

The IUSM Department of Emergency Medicine residents and faculty at the Clarian-Methodist and Wishard Emergency Departments will host the 17th annual Research Day from 8 a.m. to 1 p.m. Friday, April 29, at the Methodist Conference Center. IUSM faculty and staff are invited to attend all or part of the day's proceedings.

This event will highlight several of the department's recent research projects. Featured speakers will be Glenn Hamilton, MD, president-elect of the Society for Academic Emergency Medicine, Carey Chisholm, MD, president of the Society for Academic Emergency Medicine, and Marc Overhage, MD, research scientist at Regenstrief Institute.

The complete agenda can be accessed on at <http://emergencymedicine.iusm.iu.edu>.

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### **Indiana Health Industry Forum Showcase – April 27-28**

The fourth-annual Indiana Health Industry Forum Conference and Innovation Showcase, a summit for Indiana's health and life sciences community, will be April 27-28 at the Indiana Convention Center.

See [www.ihif.org](http://www.ihif.org) for the agenda, exhibitor details and other information.

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## **Women's Center to coordinate local health promotion**

When women take steps to improve their health, the results can be significant. That's the impetus behind a special event coordinated by the IU National Center of Excellence in Women's Health.

Free medical screenings and other health-related information will be available to the public from 11 a.m. to 3 p.m., Wednesday, May 11, in the University College building. The event coincides with the National Women's Health Week observances, May 8-14.

Among the participants:

Clarian Health Partners – materials and other information about its Women's HeartAdvantage program

The Office of Women's Health of the Indiana State Department of Health – bone density heel scans to assess the risk of osteoporosis

IUPUI Student Health Services – blood pressure checks and screenings to measure carbon monoxide levels related to smoking

IU CoE in Women's Health – information and brochures about clinic services, general women's health

Other partners are the IUPUI Office for Women, IUPUI Work/Life and IUPUI Student Life and Diversity.

For more information, call 630-2243.

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## Health Students Week of Action

April 25 to 29 is the Health Students Week of Action in all 50 state capitals. This year's theme is "The Future of Health Care Advocating for Quality and Affordable Health Care for All."

Students are encouraged to set up an appointment with the governor or their state legislator to discuss quality and affordable health care. Background information is available through the co-sponsoring organizations – the Student National Medical Association American Medical Society, American Medical Student Association and the Student Assembly of the American Public Health Association.

Additional information is available by contacting Dave Chandrasekaran, the Health Student Week of Action national coordinator, at 703-620-6600, ext. 250, by [davekumar@yale.edu](mailto:davekumar@yale.edu).

Visit [www.covertheuninsuredweek.org](http://www.covertheuninsuredweek.org) for more information.

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## IUSM research grants available

The application deadline for IUSM's Biomedical Research Grant, Research Enhancement Grant, and Pilot Funding for Research use of Core Facilities is **Monday, May 2**.

For additional information on these three programs, go to <http://adminfinance.iusm.iu.edu/operations/irf.htm>.

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## Doris H. Merritt Annual Lecture – April 26

Molly Carnes, MD, MS, professor of medicine and director of the National Center of Excellence in Women's Health at the University of Wisconsin will present the fifth annual Doris H. Merritt, MD, Annual Lectureship in Women's Health Tuesday, April 26.

The lecture, hosted by the IU National Center of Excellence in Women's Health, will be at noon in the Indiana Cancer Research Institute auditorium. Lunch will be provided at 11:30 a.m.

Reservations are required for the lecture, "Women in Academic Leadership: Institutional Transformation Required." Contact Tina Darling at 630-2243, or [tdarling@iupui.edu](mailto:tdarling@iupui.edu) for more information.

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## Combined Seminar Series for May

The IU Cancer Center Combined Seminar Series meets from 4 p.m. to 5 p.m. Wednesdays in the IU Cancer Research Institute auditorium. The speaker lineup for May:

**May 4** – Anthony Pegg, PhD, J. Lloyd Huck Professor of Molecular and Cell Biology, Evan Pugh Professor of Cellular and Molecular Physiology at Pennsylvania State University College of Medicine, "Transgenic Studies of the Role of Polyamines in Normal and Neoplastic Growth"

**May 11** – Katherine Siminovitch, MD, professor of medicine, University of Toronto Mount Sinai Hospital, "The Wiskott

Aldrich Syndrome Protein: Forging the Link Between Actin and Cell Activation”

**May 18** – Grover Bagby Jr., MD, director, Oregon Cancer Institute, “The Central Role of FANCD2 in Oxidative Stress-signaling”

**May 25** – No Seminar

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## Creating Confidence sessions offered monthly

Creating Confidence customer service training sessions for all IU clinical and administrative staff will resume Monday, April 25. Sessions last approximately three hours and are held either in the Daly Student Center or the VanNuys Medical Science Building.

Trainer Gwen England says she has been working with the IUSM administrative staff to ensure sessions can be focused either on clinical or administrative settings. Although the values and skills are the same, trainers use different examples and case studies.

More than 500 staff members already have completed the program.

Two to three sessions are offered each month for current and new staff. For more information or to register, see [cis.iumg.iupui.edu](http://cis.iumg.iupui.edu), or call Suzie Mathis at 278-3805.

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## IU Geriatrics Conference on Parkinson’s disease

The IU Geriatrics Conference will be from 7:30 a.m. to 8:30 a.m. Wednesday, May 18, in Wishard Memorial Hospital room 2008. Joanne Wojcieszek, MD, associate professor of neurology, will discuss Parkinson’s disease.

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## Microbiologist to speak May 6

Dennis Cvitklovitch, PhD, will present “The mob mentality of Streptococcus mutans: cell-cell signaling and survival tactics for dental plaque” from noon to 1 p.m. Friday, May 6, in room S117 of the Dental School.

Dr. Cvitkovitch is the Canade Research Chair in Microbiology, Faculty of Dentistry at the University of Toronto.

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## Class on IRB changes to be offered additional times

Popular demand has prompted the Clinical Trials Program to offer two additional sessions on IRB changes. The additional sessions will be on the Methodist Hospital campus from 10 a.m. to 11:30 a.m. Wednesday, May 11, and 10 a.m. to 11:30 a.m. Wednesday, May 18.

For more information on all educational sessions, consult the CTP Web page at [medicine.iupui.edu/ctp](http://medicine.iupui.edu/ctp).

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## Stroke Update Seminar – May 20

The IUSM Department of Neurology Stroke Program is presenting "Stroke Update 2005" from 8 a.m. to 4:15 p.m., Friday, May 20, at the Pettigrew Auditorium at Methodist Hospital.

James Fleck, MD, assistant professor of clinical neurology, will serve as moderator. Seminar topics include PFO closure, anti-platelet agents and risk factor management, carotid angioplasty and stenting, stroke and depression, ED management of acute stroke/rt-PA, glucose and blood pressure in acute stroke, innovations in stroke and a panel discussion of cases.

CME and CEU credits are available.

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## ScholarChip Classic – June 8

The ninth annual ScholarChip Classic Alumni-Student Golf Open is Wednesday, June 8 at Bent Tree Golf Club. Tee time is 1 p.m.

Students, and alumni of the IU schools of dentistry and medicine and the Kelley School of Business–Indianapolis are invited to participate in the event which raises funds for scholarships. Each foursome is comprised of two alumni and two students. Team registration is \$300; individual registration is \$150.

For additional information, contact the IU Alumni Association at 274-4555, or 866-267-3104.

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## IMCU opens new ATM at ROC

The Indiana Members Credit Union offers the convenience of ATMs at various locations on the IUPUI campus. The newest location on campus is at the Riley Outpatient Center near the gift shop.

Machines also are available at:

- University Hotel, Food Court entrance
- IUPUI Natatorium
- University Library, in the connector hallway
- IU Hospital, near the information desk
- Riley Hospital, near the atrium lobby entrance
- Riley Outpatient Center, adjacent to the gift shop
- Wishard Hospital, near the central elevators
- VA Hospital, near the cafeteria
- Student Union Bldg, first floor

Indiana Members Credit Union is part of the Alliance One network, which gives members 200 free ATMs in central Indiana and over 3,000 nationwide. To locate an Alliance One machine visit [www.atmallianceone.org](http://www.atmallianceone.org).

The IUPUI branch is located in the Student Union Building on the first floor next to the Medical Book Store. Business hours are 8 a.m. to 4 p.m. Mondays through Thursdays and 8 a.m. to 5 p.m. Fridays. A night depository and full-service ATM are available at this location.

For information about the benefits of Indiana Members Credit Union membership contact the Campus Branch at 636-8479 or visit us online [www.imcu.org](http://www.imcu.org).

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## Goodwill Greenhouse sale

Goodwill Greenhouse, just across the White River bridge from the IUPUI campus, is having a spring and Mother's Day sale.

The greenhouse is open daily except Sundays. Extended hours will be offered Saturday, May 7, since the greenhouse will be difficult to reach during the mini-marathon.

Goodwill Greenhouse has everything you need to have beautiful gardens this season:

- Hanging baskets
- Container plants and advice on combinations
- Exceptional geraniums
- Perennials for sun, shade, and three seasons
- Bedding plants
- Kitchen herbs & tomato plants

All sales support Goodwill's mission of helping people prepare for, find and keep jobs.

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## Honors

**Joanna Fields**, who has completed the Masters of Science in Medical Science Program and will be entering IUSM as a medical student this fall, was named IUPUI Student Employee of the Year during the 2005 Student Employment Appreciation Week. She is a research assistant for Professor Obioma Nnaemeka in the IUPUI Department of World Languages and Cultures/Women's Studies Program.

IUSM pediatricians **Roberta Hibbard**, MD, **Antoinette Laskey**, MD, and **Philip Merk**, MD, are recipients of the Edna G. Henry Social Work Values Award which is given annually to recognize those who have made positive contributions to patients and families at Clarian Health in the spirit of social work. They were nominated by Stephanie Black and Julie Ray in the Clarian Social Work Department for their collaborative work with social workers in the area of child abuse.

**Kris Hunt**, MS 1, placed third in his weight class this month at the USA Powerlifting 2005 Collegiate Nationals at Louisiana State University. He is the current 90 kilo class world champion and the junior world champion for the USA Powerlifting. The organization is a powerlifting group that believes in drug-free powerlifting.

**James Klaunig**, PhD, director of toxicology in Department of Pharmacology and Toxicology, has been honored by Kenneth Olden, PhD, director of the National Institute of Environmental Health Sciences for his service on the National Toxicology Program Board of Science Councilors from 2000-2005. The NTP board is a federally chartered advisory committee that provides primary scientific oversight to the director and evaluates the scientific merit of the NTP's intramural and collaborative programs.

**Aaron Sayegh**, PhD, MPH, who completed his post-doctoral fellowship in adolescent medicine at IU, received the Mead Johnson New Investigator Award from the Society for Adolescent Medicine at its annual scientific meeting in Los Angeles March 31. This prestigious award is given to investigators for original research conducted within five years of completion of training. His project was "The developmental association of relationship quality, hormonal contraceptive choice and condom non-use among adolescent women."

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## This week on *Sound Medicine*

Tune in at 4 p.m. Sunday, April 24, to *Sound Medicine*, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. This week's co-host is Kathy Miller, MD.

Guests include Scott Shapiro, MD, IUSM professor of neurosurgery, who will discuss the preliminary results of a clinical trial on the safety and effectiveness of oscillating field stimulators in patients with spinal cord injuries. Shapiro is the lead investigator in the trial.

Treatment for pregnant women with addictions will be discussed by James Nocon, MD, IU associate professor of OB/GYN.

*Sound Medicine* field reporter Jeremy Shere will be bringing listeners a special report on the life of an orthopaedic surgeon.

Archived editions of *Sound Medicine*, as well as other helpful health information, can be found at [soundmedicine.iu.edu/](http://soundmedicine.iu.edu/).

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## Online IUSM calendars

A comprehensive listing on IUSM seminars, lectures and Grand Rounds can be accessed at [www.medlib.iupui.edu/calendar](http://www.medlib.iupui.edu/calendar). To place items on the Scientific Calendar, please forward them to Iona Sewell at [imsewell@iupui.edu](mailto:imsewell@iupui.edu).

A Special Events Calendar for presentations, symposiums, conferences and other activities at IUSM can be found on the School's Web page at [www.medicine.iu.edu](http://www.medicine.iu.edu). The calendar also can be accessed directly at [webdb.iu.edu/iusm/scripts/calendar/instr.cfm](http://webdb.iu.edu/iusm/scripts/calendar/instr.cfm).

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## Submissions to Scope

*Scope* wants your news items.

The deadline for submission is 8:30 a.m. on Fridays. *Scope* is published electronically and sent to faculty, staff, students, and residents.

There are three easy ways to submit story ideas or information to *Scope*:

- e-mail the information to [mhardin@iupui.edu](mailto:mhardin@iupui.edu)
- mail the information to Mary Hardin, Z-7, Ste. 306, IUPUI
- fax your information to (317) 278-8722

Contributions submitted by e-mail should be forwarded in 12 point, plain text format.

In the interest of accuracy, please do NOT use:

- acronyms
- abbreviations
- campus building codes (use full, proper name of building and include the room number)
- Dr. as a preface before names (designate MD or PhD)

To keep the electronic version of *Scope* as streamlined as possible, only seminars and lectures of general or multidisciplinary interest will be included.

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